

13—17 November—Anti Bullying Week

13 November—Odd Sock Day for Anti Bullying Week

15 November—P2 Trust Programme trip to Oakwood IPS

17 November—P4 assembly—9.30am

21 November—P3 Buddy Up—at Cranmore

23 November—After school clubs finish

28 November—P3 Buddy Up at Scoil na Fuisseoige

30 November—Christmas Fair 6—8pm

5 December—P3 Buddy Up—at Cranmore

8 December—P4—P7 Christmas concert—10.30am

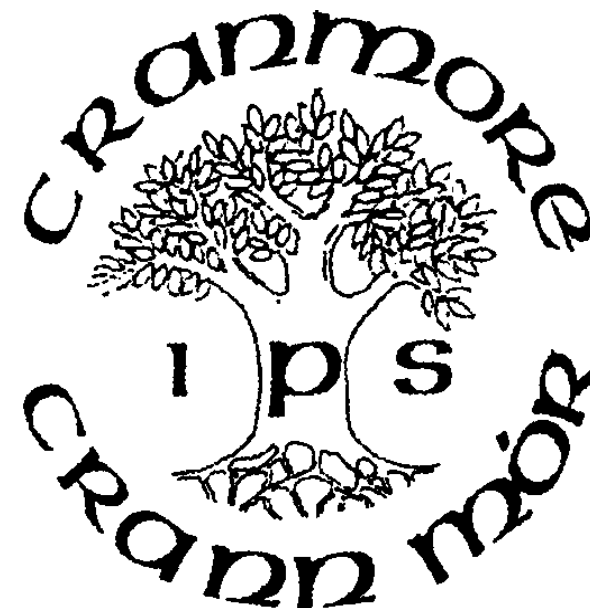
8 December—School closes 12 noon—one bus only

12 December—P3 Buddy Up at Scoil na Fuisseoige

15 December—Nursery Concert 9.15 am

15 December—P1—P3 concert 10.30am

21 December—**School finishes for Christmas 12 noon—one bus only**



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Cranmore Integrated Primary and
Nursery School

Cranmore Integrated Primary and
Nursery School
Monthly Newsletter November 2023

Anti-Bullying Week

This year Anti-Bullying Week will take place between 13—17 November. This is an extremely important week in Cranmore's calendar. The theme this year is 'Make a noise about Bullying'. This theme is designed to empower young people to do something positive to counter the harm and hurt that bullying causes

To help us celebrate the start of Anti-Bullying Week, **Monday 13 November will be 'Odd Socks Day'** so please wear your brightest, wackiest odd socks!

P4 will be leading a special Anti Bullying Week assembly on **Friday 17 November at 9.30am**.

Integrated Education Fund

Just before Halloween, we presented a cheque for over £1200 to the Integrated Education Fund. The IEF are an amazing organisation who work to support all integrated schools and who have supported Cranmore from the very beginning. We were delighted to be able to support them.



Joke Corner

Q: What do you call a computer superhero?
A: A Screen Saver!

Quote of the Month

You can't use up creativity. The more you use, the more you have!

Maya Angelou

Attendance

Whole school attendance for October was 94.7%, just below our target of 95%. Please ensure your child is in school every day.

Class of the month was P5 with **98.1%**

Don't forget to follow us on Facebook....

facebook.

and give us a 'Like'



Young Enterprise

Young Enterprise set up a Halloween shop for the students of Cranmore on the last day of term. The children worked hard in the run up to the event to make sure their products were ready, as well as enduring a 'shift in the shop' – serving the droves of hungry pupils! Young Enterprise would like to thank everyone for their contributions in making the event a success. We raised over £400 for our school. We look forward to doing it all again at the Christmas Fair!



Getting the treat bags ready!!

Almost Home Animal Rescue

One of our parents does a lot of volunteer work for the Almost Home Animal Rescue Centre. At this time of year, the centre is in great need of extra bedding to help keep the animals warm. They would welcome donations of any old blankets, duvets, bed sheets, pillow cases, towels etc (but nothing with feathers).

Any dog/ cat treats would also be gratefully received.

If you have anything you would be willing to donate, please send it to P6. Thank you for your support!

Almost Home Animal Rescue NI



Play Matters

Building happy, healthy children



Play Matters

Children are born with a natural desire to play. Whether playing alone, with a parent/caregiver, or with another child, play is not only a legitimate activity for children, it is vital for their growth, development and well-being.

The importance of play has been underlined through research which has shown play's positive contribution to children's physical and mental health, self-confidence and sense of self-worth, social skills, and their ability to better understand and engage with the world around them. Providing access to different play opportunities actively supports this growth and development.

Play matters, because play is the most natural way for children to learn, grow, develop, and make sense of the world and their place within it.

The Right to Play

The basic principle underlying the United Nations Convention on the Rights of the Child (UNCRC) is that children and young people (18 years or under) are born with the same fundamental set of rights as all humans, alongside a number of additional rights which arise from their vulnerability.

Comprised of 54 articles in total, article 31 of the UNCRC reads: "States Parties recognize the right of the child to rest and leisure, to engage in play and recreational activities appropriate to the age of the child and to participate freely in cultural life and the arts."¹

A recent progress report from the UN Child Rights Committee on the UK's implementation of the UNCRC included recommendations that children should have greater access to free outdoor play, and have sufficient time in school to engage in play and recreational activities that are inclusive and age-appropriate.²

Play in Schools

Play has a critical role in schools – offering an outlet for expending energy during break times, enhancing concentration levels within the classroom, and as a means of contributing to learning through the curriculum.

For many children and young people, the school playground represents the only open, accessible space that allows them to engage in physically challenging and socially developmental outdoor play.

Through offering quality play time and experiences, schools play a significant role in the healthy development of children and young people.

Playing and learning outdoors, children encounter many opportunities to grow, develop and learn including:

- Improving physical fitness
- Letting off steam
- Developing co-ordination, strength, agility, and stamina
- Building self-confidence, communication and independence
- Engaging with others, fostering social connections and peer friendships
- Solving problems and increasing resilience
- Risk assessment
- Boosting creativity and imagination.

Play for Professionals

PlayBoard offers professional play development and training to a range of stakeholders who directly or indirectly influence play, aimed at helping participants understand the importance of play and leisure and their role in creating child-friendly and play-friendly communities. We work with schools and the wider community to enhance the play offer within primary schools.

Play for Parents

This programme aims to provide parents with the skills, knowledge and confidence to meaningfully play with their children and gain an understanding of the many benefits of play in relation to their child's development. Delivered through play specific training for those professionals who work directly with parents, and play awareness programmes for groups of parents.

Get in touch to discuss your training needs.

T: 028 9080 3380 **E:** info@playboard.org **W:** www.playboard.org/play-in-schools

¹ UN Committee on the Rights of the Child, (2023). *Concluding observations on the combined sixth and seventh periodic reports of the United Kingdom of Great Britain and Northern Ireland*, p.18.

² UN General Assembly, (1998). *Convention on the Rights of the Child*.

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